Autumn Gardening Group – *a 7-week women-only course Wednesdays 1pm – 3pm*

# **Together we are going to create a beautiful garden for people and wildlife to enjoy, have fun and maybe learn some new skills.**

# **We will meet every Tuesday, whatever the weather; we have indoor garden related activities for bad weather days.**

# ***Autumn is the season where we traditionally gather in our gifts; the crops we have grown, seeds from the summer, along with reflecting on what we ourselves may have learnt and achieved so far.***

# ***As the weather cools and the nights lengthen, Autumn is a time of year when we are meant to slow down, rest and prepare for winter. We have completed our harvesting and now we make use of all that we have, ready for the winter months***

# ***Our Autumn gardening course will reflect this time of planning, making and preparing as we begin the process of creating a garden for both people and nature to enjoy. Our wet weather activities will include making garden gifts to give to those who have supported WAO during 2024.***

# **If you w ant to find out more, please contact**

# **Dates: 16th October 23th October 30th October 6th November, 13th November, 20th November, 27th November,**

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# **You will need: warm clothes you are ok with getting dirty, We will supply gardening tools etc.**

## Course Outline – Good Weather

## Week 1 – Getting started *- looking at the garden design, sharing ideas, making plans*

## Week 2 – Clearing and preparing *– Autumn planters*

## Week 3 – The design takes shape – *marking out flower beds etc*

## Week 4 – Preparing for spring *– planting bulbs, growing plants*

## Week 5 – Growing the design – *preparing flower beds*

## Week 6 – Green Get Fit Club *– some digging with cups of tea*

## Week 7 – Celebrating our achievements, garden gifting to others, planning for the next season *– might involve cake!*

## Course Outline – Indoor Weather

## These are just some ideas and we will be adding other gardening activities to our indoor sessions

## Week 1 – Getting started *- looking at the garden design, sharing ideas, making plans*

## Week 2 – Propagating houseplants for Christmas gifts

## Week 3 – Painting plant pots for gifts

## Week 4 – Bulb planting and making seed bombs

## Week 5 – Card making with garden themed stencils

## Week 6 – Making seed paper

## Week 7 – Celebrating our achievements, garden gifting to others, planning for the next season *– might involve cake!*